

**“Into the Holy of Holies”
February 7, 2010**

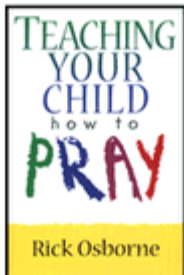
Prayer Resource for Parents of Children in Grades K through 6th

As adults, prayer can be very daunting. What should I say? Who else is listening? Am I using enough flowery words? Am I eloquent enough? What if I am not? But God did not intend prayer to be daunting...He intended it to be a personal practice that should be as natural as breathing. A conversation. We talk. We listen. We share what is on our hearts. Nothing more, nothing less. God wants us to be us. After all, that's how he created us.

What if we teach our children to pray? To tell God what is on their hearts. To look to God for wisdom. How will their lives change? As parents, it is our job to teach our children how to pray. If we teach our children to pray when they are young, just imagine what their prayer life will become as they grow in faith.

But it is not about teaching our children how to reel off beautiful prayers that are meaningless to them. We need to teach our children that prayer is a conversation with God, telling Him what is important to them. What is on our hearts as parents may not be on their hearts as children. Children will pray according to their age. And that is okay.

***We all want the very best
for our children, but
what if we teach them
the very best practice of
all? Prayer.***



I highly recommend the book “**Teaching Your Child How to Pray**” by Rick Osborne. The book walks through the importance of prayer (for adults and for children), how to teach your child to pray, including practical ways for children to pray, sample kid’s prayers, and ideas for prayer. The book has questions at the end of each chapter for parents to work through themselves and questions to work through with their children. Below are some sample questions from the book.

1. What role does prayer play in your family life?
2. What are some things that get in the way of your family prayer life?
3. What are some ways you tend to complicate prayers?
4. What are five things you can do for your children that shows them God loves them?
5. Ask your children what they think the goal of prayer is.